

***London Works for Better Health - Business Breakfasts***

Facilitated by **STAND**  
to **REASON**



**“Health Improvement Plan – Why,  
how and the benefits”**

Launched in 2004, London Underground’s Health Improvement Plan has significantly reduced sickness absence amongst staff as well as winning an award for TfL’s Head of Occupational Health, Dr Olivia Carlton. In particular an innovative stress reduction programme has helped to reduce the number of staff off sick for mental health reasons year on year.

**Monday 24<sup>th</sup> November 2008, 8.00am – 10.00 am**  
**Occupational Health, Townsend House, Greycoat Place, London,  
SW1P 1BL**

This FREE breakfast is one of a series for senior managers and is by invitation only. Host organisations will describe how good jobs have benefited their businesses; find out how you can translate this into practical action within your own business, whatever its size. Help us to understand the challenges and opportunities you face and be part of shaping the next stage of the *London Works* employer campaign.

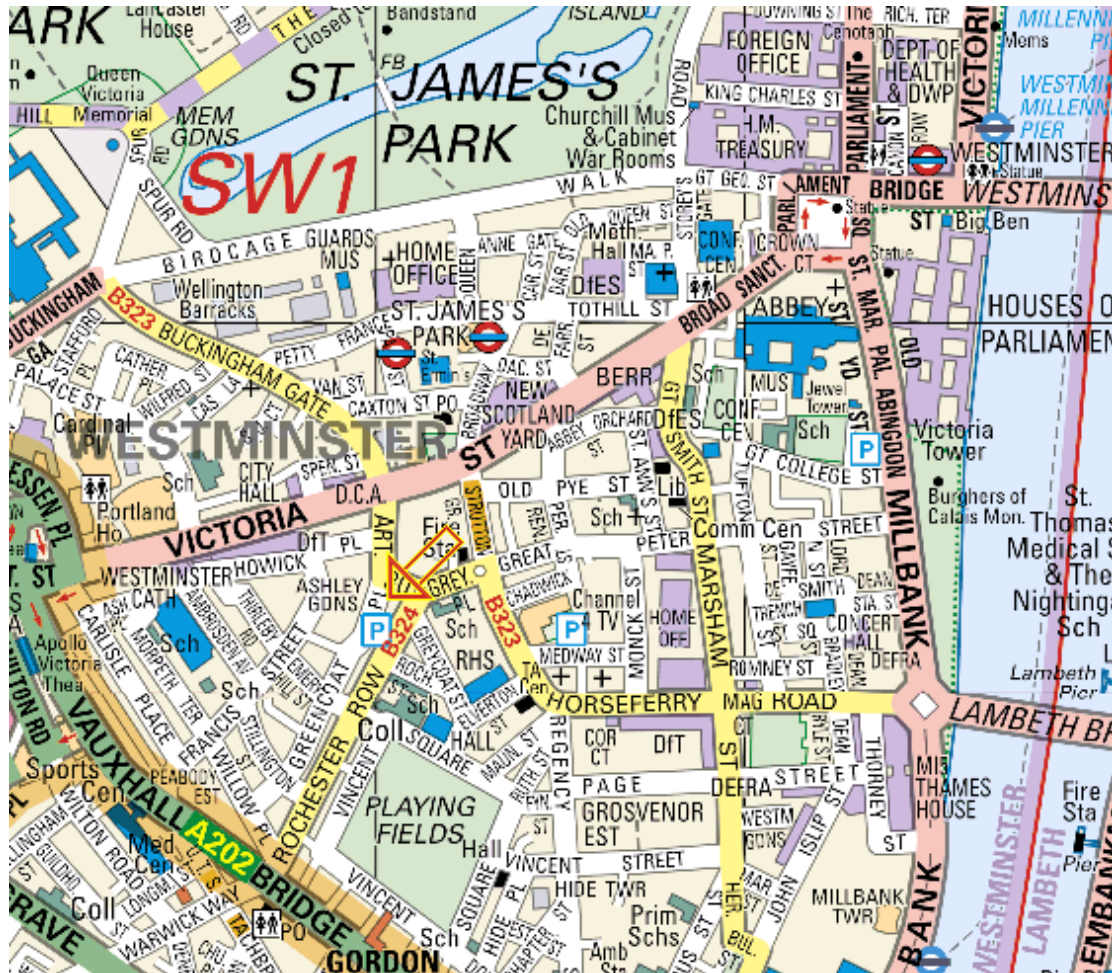
Programme for all events:

8.00am Breakfast and networking  
8.30am Welcome from Jonathan Naess on behalf of *London Works*  
8.40am Presentation from host  
9.00am Q &A and discussion  
9.45am Networking  
10.00am Close

**If you are interested in attending this or another business breakfast please complete the attached [booking form](#) and return to Charlotte Hall at the London Health Commission (full details on the form). Map overleaf.**

# Map to Occupational Health, Townsend House, Greycoat Place, London, SW1P 1BL

See orange arrow



Nearest tube: **St James Park**  
**Victoria**



**MAYOR OF LONDON**